



First Aid



USOS issues:

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Intranet, MS Teams, Moodle issues:

helpdesk@amu.edu.pl

[WA Moodle Help](#)

1BA Tutor

Administrative issues covered by internal
WA/AMU regulations, student-staff mediation:

Anna Rogos-Hebda, PhD

ahebda@amu.edu.pl

AMU Psychologists for Students:

Mondays & Thursdays 9:00-10:00
☎ 61 829 24 94

Tuesdays & Fridays 10:00-11:00
☎ 61 829 24 88

Wednesdays 9:30 - 10:30
☎ 61 829 24 94

Each meeting: 45min

[Details Here](#)

AMU Anti-Discrimination Office:

Deals with issues of discrimination based on gender, sexual orientation, age, ethnicity, religion, political affiliation, or union work.

Rektor's Deputy for Equality:

Prof. Robert Kmiecik

☎ 61-829-65-91

robert.kmiecik@amu.edu.pl

[AMU Study Regulations](#)

**Emergency Help Line
for adults in psychological crisis:**

116 123

Monday-Friday 14:00-22:00

[Techniques for
Effective Language
Learning \(TELL\)](#)

WA Student Council

[Contact](#)

All Other Matters

BOS (Biuro Obsługi Studenta)

Monday - Friday 9:30 - 14:00

☎ 61-829-35-10

boswa@amu.edu.pl