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search and Educational Implications (with Jean-Marc Dewaele and Mark Daubney), and *The Emotional Rollercoaster of Language Teaching* (with Jean-Marc Dewaele and Jim King). She is also co-author of *MYE: Managing Your Emotions Questionnaire* (with Rebecca L. Oxford) and has published a number of research articles in international, peer-reviewed journals. She is currently co-authoring a book (with Kate Brierton) for Cambridge University Press on *The Flourishing School: Cultivating wellbeing for teachers and leaders*, which will be out in spring 2021.



Caring for teachers and their wellbeing

The world of education is increasingly concerned with issues surrounding the emotional wellbeing of students and teachers, especially during the current global pandemic. However, there is still much that we do not know about how the specific challenges faced by language teachers affect their wellbeing and how teachers can best be supported in practice. This talk will provide an understanding of teacher wellbeing and reflect on how teacher education could best address the topic of wellbeing for both pre-service and in-service teachers. Raising awareness of wellbeing does not only help to prevent stress among teachers, but also enables teachers of diverse backgrounds and levels of experience to improve their practice and help other members of the school community to flourish and thrive too.

